



Meets National Standards for: ✓ ASTM F1487-17 ✓ CPSC Guidelines #325

Product Description

While chin ups are one of the best ways to work on upper body strength, they can be challenging, even for seemingly strong individuals. It is particularly challenging for seniors, beginners, or anyone dealing with mobility issues because pulling up their full body weight isn't something they can do easily. This is where the Assisted Chin Up Bar with Bench comes in for assistance. By providing a bench that supports part of the user's body weight, it makes chin-ups accessible to everyone. It can especially be a confidence booster for those new to fitness. Users can lie on the bench and perform a modified version of the exercise such as the horizontal pull-up to target different muscle groups. The bench also features a thoughtful addition of a handle on one side for support and to make sure individuals don't accidentally fall off the sides. The whole Assisted Chin Up Bar with Bench is made from high-quality metals and can easily handle heavy use and weather conditions.

Product Specifications

Price: \$2,566.⁰⁰

Model Number: PAS002

Age Range: 13 years +

Unit Size: 4' 10" x 4' 1"