



### Product Description

A Royal Double Station Shoulder Rotation can be placed in any location where fitness enthusiasts need complementary stations to enhance their workout whether it's using other pieces of outdoor gym equipment or simply going for a jog. Maintaining a full range of motion in the shoulders is essential whether people are working out or need greater flexibility in their day job and the Royal Double Station Shoulder Rotation makes it easy. Two people can use this station at the same time on either side of the information board and there are various ways it can be utilized. Standing side-on to the station and grabbing a handle allows a full 360-degree circle to be completed. Standing facing the machine it can be used with two hands on the handles and completing various turning techniques to stretch those muscles out. It comes with or without resistance and helps maintain excellent posture, protects joints and helps users to become more flexible whether they're teenagers or adults.

### Product Specifications

**Price:** \$3,050.<sup>00</sup>

**Model Number:** PFT029

**Age Range:** 13 years +

**Muscle Group:** Stretch

**Product Type:** Fitness Royal

**Unit Size:** 2' 11" x 2' 8"