



Product Description

The Royal Triple Station Rower provides users with the perfect way to tone and develop muscles in the arms and legs with a series of rowing motions. It's also great for those core abdominal muscles as the user must tense them in order to move their body backwards and forwards. The setup of the Royal Triple Station Rower encourages social interaction whether between groups of friends rowing together or with new people trying out this piece of public gym equipment together. It can be rowed quickly for a more intense workout or slowly to assist with endurance training and benefiting heart health. The seating and position of the handles are ergonomically designed to be used by all ages and both genders without any of the adjustable parts found on commercial gym equipment to worry about. Rowers will benefit from having this specific equipment to tone their bodies in exactly the way they need, but it also helps many other athletes such as runners and tennis players thanks to the variety of movements it requires.

Product Specifications

Price: \$7,028.⁰⁰

Model Number: PFT041

Age Range: 13 years +

Muscle Group: Back

Product Type: Fitness Royal

Unit Size: 9' 4" x 10' 10"