



Product Description

With the focus of outdoor gym equipment usually on machines that work specific muscle groups, the foundations of exercise can sometimes be overlooked. The Triple Station Balance Beams bring key skills like coordination, balance, and core strengthening back into the picture as users move along the three beams. They can be placed in any combination you like wherever in the playground or park you desire whether it's part of an obstacle course or just around other outdoor fitness equipment to promote variety. The rounded tops of the Triple Station Balance Beams make balancing tricky and individuals must summon core strength and agility in order to move along the beams and step over from beam to beam. After successive tries posture will improve and once the beams are mastered it will become a regular part of people's fitness routines. The beams aren't slippery thanks to a layer of material to provide traction even when wet so they can be used all year round safely.

Product Specifications

Price: \$568.⁰⁰

Model Number: PFT045

Age Range: 13 years +

Muscle Group: Core

Product Type: Fitness Triple

Unit Size: 6' x 10' 9"