

Triple Station Inclined Chin-Up Bars \$1,390.⁰⁰



Product Description

With three bars of differing heights to accommodate different sized individuals, the Triple Station Inclined Chin-Up Bars give users the chance to practice this classic exercise technique in the open air. With each chin-up numerous benefits are reaped including the development of muscles in the upper body whether it's the back, shoulders or arms. If users are new to practicing this specific exercise, the Triple Station Inclined Chin-Up Bars allow them to build up their performance gradually from a lower bar to the higher ones. It's not just the upper body that can be worked with this equipment. Younger children can use these bars to practice their gymnastic ability, teens can perform upside down sit ups, and gymgoers looking to really build core strength can complete hanging leg raises. Grip strength is also improved with each use of the equipment as hand muscles are given a good workout as they pull and push the body through the exercises. Multiple people can use the bars at the same time too.

Product Specifications

Price: \$1,390.⁰⁰ Model Number: PFT046 Age Range: 13 years + Muscle Group: Back Product Type: Fitness Triple Unit Size: 1' x 14' 9"