



# Single Station Horizontal Ladder

**\$1,900.<sup>00</sup>**



## Product Description

The Single Station Horizontal Ladder is an excellent piece of outdoor equipment to add to any fitness area as it gives users the ability to practice techniques they haven't since elementary school. The monkey bars aren't just for children and moving back and forth on the bars builds shoulders and arms, and if a twist is added on either end to continue on the bars without touching the floor, core muscles and hips get a flexibility boost too. The bars can be used side-on for chin-ups and a range of other fitness techniques too. Fitness enthusiasts can experiment with the Single Station Horizontal Ladder in any way they like and the nine bars provide endless potential for workouts, even if it's just building endurance and stamina by hanging for an extended period of time. The galvanized and powder-coated finish on the structure ensures it will last for years to come without rusting, making it suitable for use in winter and summer months.

## Product Specifications

**Price:** \$1,900.<sup>00</sup>

**Model Number:** PFT049

**Age Range:** 13 years +

**Muscle Group:** Arms

**Product Type:** Fitness Single

**Unit Size:** 5' 3" x 10' 10"