



### Product Description

Whether they're just building confidence on different pieces of outdoor gym equipment or mastering a specific routine, individuals can use this Double Station Pommel Horse to strengthen core muscles and improve their stability. This uniquely shaped fitness apparatus allows users to develop a sense of gymnastic ability and the flexibility, balance and agility it requires when they're trying to coordinate on the hooped bars and ridged surface. Once it's fixed in place this Double Station Pommel Horse won't move an inch which gives athletes the confidence to try out a range of dynamic movements whether it's walking across from one end to the other, pushing and pulling their body weight in a variety of ways. This equipment is made for two people to use at the same time for basic maneuvers like leg swings, scissors, and leg swings, or simply to perform some incline pushups when placed in a public area. It complements other outdoor gym equipment and can be placed with other pieces to create an enriching gym experience.

### Product Specifications

**Price:** \$1,662.<sup>00</sup>

**Model Number:** PFT053

**Age Range:** 13 years +

**Muscle Group:** Arms

**Product Type:** Fitness Double

**Unit Size:** 2' 1" x 4' 8"