



Meets National Standards for: ✓ ASTM F1487-17 ✓ CPSC Guidelines #325

Product Description

We all know kids need to burn off that endless energy, but not every swing or slide does the trick. The Straight Sit Up Bench is the perfect outlet to burn off that energy in a fun way. The foothold on the bench is what takes it from an ordinary bench to a core-building setup. It holds kids' feet in place and helps them balance as they perform sit-ups. Hitting sets on this bench regularly is a quick way for kids to prepare for sit ups without needing any support. Sit ups aside, the bench's design is also ideal for other bodyweight exercises as well. Kids can practice angled push-ups, lunges, and stretches to improve other muscle groups and strengths too. All these exercises will also contribute to better posture which is a growing concern in today's kids. Plus, the Straight Sit Up Bench is sturdy, so you won't have to worry about constant repairs or checking if it's safe. It can also withstand weather to look fresh after years of use.

Product Specifications

Price: \$1,184.⁰⁰

Model Number: PGC010

Age Range: 2-12 years

Child Capacity: 0-1

Fall Height: 20"

Product Type: Kids Gym

Safety Zone: 13' 0" x 16' 0"