



Meets National Standards for: ✓ ASTM F1487-17 ✓ CPSC Guidelines #325

Product Description

The Single Station Hand Bike with Seat lets users pedal with their hands to work on upper body muscles like shoulders and forearms. The addition of seats makes it inclusive for everyone. Both tall and short people who might otherwise struggle to reach the hand pedal comfortably can now sit and exercise while enjoying the view. Having a seat also encourages proper posture, which is important for targeting the right muscle groups without strain. The hand pedal also includes a friction adjustment knob at the top of the bar. Users can turn up the resistance as they see fit to rotate the pedals at their own pace. This makes the equipment more inclusive to individual strength levels. The Single Station Hand Bike with Seat is made from commercial-grade steel to handle heavy use and withstand the damaging elements that come with weather exposure. The pedals are also built sturdy. No matter how intense a workout gets, they're up to the task.

Product Specifications

Price: \$1,472.⁰⁰

Model Number: PFT107

Age Range: 13 years +

Unit Size: 4' x 1' 4"

