



Product Description

Whether you place the Double Station Lat Pulldown in a public park or on the campus of a high school or college, it's going to be a popular piece of equipment people flock to. The lat pulldown is a key exercise that has multiple benefits from improving posture to strengthening back muscles. Fitness fanatics will know that large back muscles depend on using machines to target them specifically, and the Double Station Lat Pulldown hits everything from the rear delts and traps to the biceps in one smooth movement. Thanks to the strong construction of the equipment it is suitable for everyone from teenagers looking to get into the fitness scene to seasoned gym users who won't be able to resist giving this station a try. Using it is as simple as sitting down on the chair which has adequate back support, grabbing the overhead handles, then pulling down as far as possible and releasing slowly to get the maximum benefit.

Product Specifications

Price: \$3,152.⁰⁰

Model Number: PFT007

Age Range: 13 years +

Muscle Group: Back

Product Type: Fitness Double

Unit Size: 3' 3" x 6' 8"