



### Product Description

The Single Station Fit Rider with Resistance is one of the few pieces of outdoor workout equipment that hits just about every muscle group to leave users feeling the benefit even after a short session. It benefits from having additional resistance built into the fitness device so users are made to work that little bit harder on every repetition, ultimately delivering superior results. The Single Station Fit Rider with Resistance is also fun to use as it allows users the ability to rock back and forward at their own pace, engaging the core muscles as well as the shoulders, arms, thighs and legs. It can be used on its own or as part of a more extensive workout session. This makes it ideal for placing in a public area whether it's a park, on a residential complex or on the beachfront with an amazing view. The whole apparatus works together as one piece without any need for adjustments so anyone who passes by can hop on and get active without fiddling with different weights.

### Product Specifications

**Price:** \$1,134.<sup>00</sup>

**Model Number:** PFT006WR

**Age Range:** 13 years +

**Muscle Group:** Cardio

**Product Type:** Fitness Single

**Unit Size:** 2' x 3' 2"